

## Ruth Adams Abstracting From Life In Acrylic

### Required Materials

- 3 canvases. Preferably recycled from paintings that for whatever reason didn't work out, since we're working on textured projects.
- X5 small plastic containers with lids (see Containers in Photo 1)
- Heavy texture acrylic medium such as: Liquitex flexible modeling paste
- An acrylic medium to paint with, either matt medium or acrylic flow
- Nice selection of acrylic paint the more the better (At least black, white, red, yellow, burnt umber and blue.)
- Pallet. I use: damp paper towel inside a paper plate and cut a round piece of parchment paper the size of the plate to go over the paper towel. This gives me a stay-wet pallet, which I'm able to store in a large zip lock bag and it keeps my paint wet for ages. (See white plate in picture #2).
- X2 Water cups for cleaning brushes
- A nice selection of brushes ( at least 1 large brush, a small dagger-brush for detail and a mid-sized brush, see brushes in photo #3)
- Paper towel.
- **Hair drier** (MUST have if you want to paint along and complete multiple layers along with the instructor during class, required to speed drying time between layers)
- Dish sponge
- Project #2 will require an organic object of your choice (see examples in photo #4)
- Some mixed media supplies such as gold leaf and craft sand or stencils (optional)



Photo #1 Paint Containers



Photo #2 sample of DIY stay wet palette



Photo #3 Suggested brushes



Phot #4 Sample of Organic Objects for Project #2

NOTE FROM INSTRUCTOR Ruth Adams: I love working in acrylic on canvas for the permanence, durability and because the piece is immediately ready to hang on the wall. The fact that acrylic dries quickly into a water proof, plastic surface means that I can do multiple layers of paint very quickly and without disturbing what's underneath. I have also fallen in love with all the fantastic mediums which allow for such versatile results. I like to work fast initially to get 80% of my idea completed and we will do this within the 2 hrs class. When I've finished the bulk of the painting I always hang it somewhere that I can see it regularly, so that I can tweak it until I'm happy and ready to call it finished. I implore you all to do the same!